

Comprehensive Recreation and Leisure Assessment for Complex Cases:

As Comprehensive Assessment but allows additional time to identify, trial and engage participant in more recreational and social activities and to identify and work through barriers for successful engagement and participation e.g. travel, costs, support etc.

This will / may involve:

- Liaising with the referrer
- Liaising with any relevant health professionals Reviewing and relevant reports or previous written plans
- Meeting with the participant – (currently online due to covid-19 restrictions)
- Liaising with family members if appropriate
- Establishing the participants online social and recreational goals
- Developing a reasonable plan of action with the participant
- Researching and vetting possible online options for the client based on their individual interests and goals.
- Arrange trials - address logistical issues of trials – e.g. participant current skills online, support worker/family member assistance, support worker/family member training, timing of activity – sometimes care programs times need to be changed in liaison with agency/therapy team. PLEASE NOTE – If these issues are straight forward, they might able to be addressed in the assessment time, however if complex we may need to request extra time from funding body.
- Establishing which of the current Leisure Balance online options the participant might like to try, address logistical issues of trials (only offered if in line with their goals) – e.g. participant current skills online, support worker / family member assistance, support worker/ family member training, timing of activity – sometimes care programs times need to be changed in liaison with agency/therapy team. PLEASE NOTE – If these issues are straight forward, they might able to be addressed in the assessment time, however if complex we may need to request extra time from funding body.
- Liaison with mainstream or specialized community agencies to establish appropriateness of activity (i.e. access, times, transport, informal support options, clients ability to participate in activity, equipment, long term sustainability) – this will only happen when we are able to access the community - possibly not until next year when community groups etc. are possibly back fully functioning.
- Ideally taking the client for a trial of a chosen activity and address any issues which may impact on client's participation. This enables us to establish client's enjoyment of the activity and wish to

LEISURE BALANCE

specialising in recreation, sport & community access assessments for people with disabilities

Recreation Specialists

www.lesuirebalance.com.au

ABN 65 637 898 661

participate on a regular basis. this will only happen when we are able to access the community - possibly not until next year when community groups etc. are possibly back fully functioning. This process enables us to get to know the client in a community setting, understand barriers and challenges which may arise and then write a detailed report with reasonable goals for the client.

- Offer free trial x 2 to engage and participate in of either Leisure Balance trivia and/or mini social
- Address and liaise with funding body regarding paid support needs if appropriate.
- Provide referrer with detailed report outlining actions, outcomes and any further recommendations as appropriate.